

# MENU

## MEMBERS' BARS

### MAINS

- THAI CHICKEN NOODLE BROTH, £7.96 | £9.95  
THAI VEGETABLE NOODLE BROTH, £6.36 | £7.95 v  
with cabbage, broccoli, spring onions, ginger, garlic, chilli
- BUTTERNUT SQUASH CURRY, £6.36 | £7.95 v | VE + GF without naan  
spinach, lentils, mini naan, mango chutney, white | brown rice
- CURRY OF THE DAY, £7.16 | £8.95 GF without naan  
see specials board, mini naan, mango chutney, white | brown rice
- GRILLED SALMON FILLET, £7.96 | £9.95  
buttered new potatoes, broccoli, tomato and herb salsa
- BEER BATTERED FISH AND CHIPS, £7.20 | £9.00 GF on request  
peas and home-made tartare sauce
- GAMMON HAM, EGG AND CHIPS, £6.80 | £8.50 GF  
with two fried eggs
- SPICY MIXED BEAN CHILLI, £6.40 | £8.00 v | VE without sour cream | GF  
brown | white rice, sour cream
- CHILLI CON CARNE, £7.16 | £8.95 GF  
brown | white rice, sour cream
- SPAGHETTI BOLOGNESE, £6.40 | £8.00  
parmesan
- PENNE ARRABIATA, £6.40 | £8.00 v | VE without parmesan  
red chilli, garlic, tomatoes, olive oil, parmesan
- MAC AND CHEESE, £6.40 | £8.00 v  
add bacon for additional £1.00
- CHICKEN SUPERFOOD SALAD, £7.96 | £9.95  
SUPERFOOD SALAD, £6.36 | £7.95 v | GF  
with sweet potato, broccoli, pine nuts, quinoa,  
avocado, spinach, feta, citrus dressing
- GOAT'S CHEESE, BEETROOT SALAD, £6.36 | £7.95 v | GF  
spinach, toasted pine nuts, beetroot dressing
- CHICKEN CAESAR SALAD, £7.96 | £9.95  
parmesan, croutons, baby gem lettuce, Caesar dressing

### BURGERS

- brioche bun with chips | sweet potato fries
- CLASSIC 1/4LB BEEF BURGER, £6.40 | £8.00  
lettuce, tomato, mayonnaise
- CLUB 1/4LB BEEF BURGER, £7.20 | £9.00  
bacon, cheese, lettuce, tomato, mayonnaise
- GRILLED HALLOUMI, £6.40 | £8.00 v  
red pepper, hummus, baby gem lettuce, sweet chilli sauce
- GRILLED CHICKEN, £7.20 | £9.00  
baby gem lettuce, tomato, mayonnaise



### SIDES

- v | VE | GF SWEET POTATO FRIES, £2.00 | £2.50  
v | VE | GF CHIPS, £2.00 | £2.50  
v | VE | GF LARGE CHIPS, £2.40 | £3.00  
v | GF CHEESY CHIPS, £2.40 | £3.00  
v | GF LARGE CHEESY CHIPS, £2.80 | £3.50  
v | VE | GF NEW POTATOES, £2.00 | £2.50  
v | VE | GF MIXED LEAF SALAD, £2.00 | £2.50  
v | VE | GF MIXED VEGETABLES, £2.00 | £2.50  
v GARLIC BREAD, £1.60 | £2.00  
v GARLIC BREAD WITH CHEESE, £2.00 | £2.50

### LIGHT BITES

- GF bread on request SOUP OF DAY, £4.40 | £5.50  
warm bread roll and butter
- BREAKFAST ROLL, £3.20 | £4.00  
three slices of bacon | two sausages
- v EGG ROLL, £2.80 | £3.50  
two fried eggs
- v | GF THREE EGG OMELETTE, £5.60 | £7.00  
choose two fillings:  
mushroom | spinach | cheese | ham | tomato
- v TOASTED TEA CAKE, £1.60 | £2.00  
warm with butter

#### ON TOAST

- two slices: white | malted wheat | gluten free  
v baked beans, £2.80 | £3.50  
v sliced avocado and two eggs, £4.80 | £6.00  
v two eggs, £2.80 | £3.50  
poached | fried | scrambled

#### EXTRAS

- two bacon | one sausage, £0.80 | £1.00  
tomato | beans | mushrooms | hash brown | egg, £0.48 | £0.60

# PITTA

wholemeal pitta bread

MOROCCAN STYLE CHICKEN, £5.60 | £7.00

spiced chicken breast, tomato, cucumber, baby gem lettuce, red onion, mint yoghurt dip

ROASTED MEDITERRANEAN VEGETABLES, £5.20 | £6.50 v | VE

bell pepper, tomato, courgette, red onion and aubergine roasted in garlic with cucumber, baby gem lettuce, lemon hummus

# PANINI

with mayo-free apple slaw and sea salt crisps

BACON, BRIE, RED ONION JAM, £5.60 | £7.00

GAMMON HAM, MATURE CHEDDAR, £5.60 | £7.00

GOAT'S CHEESE, RED PEPPER, PESTO, £5.20 | £6.50 v

# SANDWICHES

white bread | malted wheat bread | gluten free bread  
with mayo-free apple slaw and sea salt crisps

PRAWN MARIE ROSE, £6.40 | £8.00

baby gem lettuce, tomato

TUNA MAYONNAISE, £5.60 | £7.00

with cucumber

v without ham PLOUGHMAN'S, £4.80 | £6.50

ham, cheese, tomato, gherkin, chutney

v EGG AND CRESS, £4.80 | £6.00

in mayonnaise

BLT, £5.20 | £6.50

bacon, baby gem lettuce, tomato, mayonnaise

Pay with member card for 20% discount price shown | Allergies & intolerance information available at the bar

# Children's

Grilled beefburger, lettuce, tomato, £4.00 | £5.00

Chicken strips, £4.00 | £5.00

Fish fingers, £4.00 | £5.00

Chicken burger, lettuce, tomato, £4.00 | £5.00

Oven-cooked pork sausages, £4.00 | £5.00

Grilled salmon fillet, £4.40 | £5.50

all served with:

+ mash | chips | new potatoes | sweet potato fries

+ garden peas | baked beans

Spaghetti bolognese, £3.60 | £4.50

Mac and cheese, £3.60 | £4.50 v

Half jacket potato, £1.80 | £2.25 v

Half jacket potato with one filling, £2.40 | £3.00

- beans | tuna mayo | chilli - bean or beef | cheese v

mains

On toast: one slice white | malted wheat | gluten free

- two eggs, poached or scrambled, £2.00 | £2.50 v

- baked beans, £2.00 | £2.50 v

Sandwich, £2.00 | £2.50

one slice of bread: white | malted wheat | gluten free

cucumber and carrot sticks

ham | egg mayo | tuna mayo | cheese v

light bites

FROM 7.45AM - 12.00PM

Full English breakfast, £2.80 | £3.50

one bacon, one sausage, one egg, beans, tomato

Vegetarian breakfast, £2.40 | £3.00 v

one egg, hash brown, beans, tomato

Boiled egg and soldiers, £2.00 | £2.50 v

Bacon bap | sausage bap, £1.60 | £2.00

Porridge, blueberries, maple syrup, £1.60 | £2.00 v | VE

semi-skimmed | soya milk | water

breakfast

Tub of Yarde Farm ice cream, £2.50

Pip Organic ice lolly, £1.00

Pip Organic ice squeezer, £1.80

Flapjack, £2.50

Cakes, £2.75

Cookies, £1.25

sweets

Member discount does not apply to confectionery, ice cream and cakes

# JACKET POTATO

with butter, mayo-free apple slaw, choose a filling

v JUST BUTTER, £3.60 | £4.50

CHILLI CON CARNE, SOUR CREAM, £5.20 | £6.50

v | VE without butter SPICY BEAN CHILLI, £4.80 | £6.00

PRAWN MARIE ROSE, £6.40 | £8.00

v CHEESE AND BEANS, £5.20 | £6.50

TUNA MAYONNAISE, £5.60 | £7.00

# BREAKFAST

FROM 7.45AM - 12.00PM

white bread | malted wheat bread | gluten free bread

FULL ENGLISH BREAKFAST, £6.00 | £7.50

two eggs, two bacon, sausage,

mushrooms, hash brown, beans, toast

v VEGETARIAN BREAKFAST, £5.60 | £7.00

two eggs, tomato, Linda McCartney vegetarian

sausage, mushrooms, hash brown, beans, toast

GF GLUTEN FREE BREAKFAST, £6.00 | £7.50

two eggs, two bacon, wilted spinach, tomato,

mushrooms, beans, hash brown, GF toast

VE VEGAN BREAKFAST, £5.60 | £7.00

wilted spinach, mushrooms, beans, sliced

avocado, tomato, hash brown, toast

EGGS BENEDICT, £4.80 | £6.00

two poached eggs, ham, Hollandaise sauce, toast

v EGG FLORENTINE, £4.80 | £6.00

two poached eggs, spinach, Hollandaise sauce, toast

EGGS ROYALE, £5.20 | £6.50

two poached eggs, smoked salmon, Hollandaise sauce, toast

v BUTTERMILK AMERICAN PANCAKES, £4.00 | £5.00

stack of three pancakes with blueberry compote, yoghurt

v | VE PORRIDGE, £3.20 | £4.00

with blueberries, maple syrup, toasted hazelnuts

semi-skimmed | soya milk | water

v FRESH FRUIT SALAD, £2.80 | £3.50

with natural yoghurt

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